

**5<sup>th</sup> Summer School on Refugee and Migrant Health – Paediatric and Mental Health Care in Migration Contexts**

**Day 1 – Tuesday 15<sup>th</sup> September**

| <b><u>Time</u></b> | <b><u>Title</u></b>  | <b><u>Expert - Speaker</u></b>                 |
|--------------------|--|--|
| 08:30 – 09:00      | <b><i>Registration</i></b>   |  |
| 09:00 – 09:30      | Introduction into the course outline, basic principles and definitions in migrants' health                       | Anne Jachmann, Karsten Klingberg               |
| 09:30 – 10:15      | Mental Health in Migration and Forced Displacement: Clinical, Public Health and System Perspectives              | Kim Berg                                       |
| 10:15 – 10:30      | <b><i>Coffee Corner: Morning Coffee Networking with the experts</i></b>  |  |
| 10:30 – 11:15      | Adapting Psychotherapy for Refugee Minors: Cultural Diversity, General Trauma, and War-Related Experiences       | Tatiana Rieber, Christian Hertel               |
| 11:15 – 11:30      | <b><i>Coffee Corner: Morning Coffee Networking with the experts</i></b>  |  |
| 11:30 – 12:15      | A Liaison-Based Stepped-Care Approach to Crisis Intervention for Refugee Minors and Related Care Pathways        | Jan Knirsch, Melis Öntas                       |
| 12:15 – 12:45      | Digital Mental Health Interventions for Refugee Minors: Opportunities, Limitations, and Blended Care Approaches  | Rilana Stöcklin                                |
| 12:45 – 13:45      | <b><i>Lunch</i></b>  |  |
| 13:45 – 14:30      | From Stigma and Cultural Adaptation to Innovative Interventions and Complex Trauma (cPTSD)                       | Eva Heim                                       |
| 14:30 – 15:15      | Transgenerational trauma   |  |
| 15:15 – 15:45      | <b><i>Coffee Corner: Afternoon Coffee Networking with the experts</i></b>  |  |
| 15:45 – 17:15      | Interdisciplinary Case Study: Clinical Pathways and Team Experiences in the Mental Health Care of Refugee Minors | Carla Wüthrich, Anne Jachmann, Donalda Hamatay |
| 17:15 – 17:30      | DAY 1 wrap-up and closing remarks  | Anne Jachmann                                  |

**Day 2 – Wednesday 16<sup>th</sup> September**

| <u>Time</u>   | <u>Title</u>   | <u>Expert - Speaker</u>                 |
|---------------|--|---|
| 08:45 – 09:00 | <b>Registration</b>  |   |
|               | <b>Setting up the stage</b>  |   |
| 09:00 – 09:30 | Paediatric migrant health theories   | Julia Brandenberger                     |
| 09:30 – 10:00 | Communication – the gateway to health care   | Niloufar Ashtiani & Julia Brandenberger |
| 10:00 – 10:30 | Health in all policies: how social determinants of health influence the wellbeing of migrant children (housing and its impact on communicable diseases, food variability, schooling) | Susitha Wanigaratne                     |
| 10:30 – 11:00 | <b>Coffee Corner: Morning Coffee Networking with the experts</b>   |   |
|               | <b>Changing perspectives</b>   |   |
| 11:00 – 11:30 | Whose knowledge counts? Epistemic justice in paediatric migrant health   | Nicole Weydmann                         |
| 11:30 – 12:00 | Children with complex or chronic needs and questions of guilt and stigma – a caregiver perspective   | Fatma Sahindal                          |
| 12:00 – 12:30 | Diversity sensitive care – how to get the balance right?   | Albertine Baauw                         |
| 12:30 - 13:00 | Round table: How can we overcome post-colonial narratives – starting with ourselves?   | Moderation: Susitha Wanigaratne         |
| 13:00 – 14:00 | <b>Lunch</b>   |   |
|               | <b>Nothing about us without us</b>   |   |
| 14:00 – 14:30 | Partnership in clinical care: "Patient and caregiver Empowerment" to ownership of care   | Siobhan Neville                         |
| 14:30 – 15:00 | Partnership in Research - the Mi-Care project  | Bezawit Sima                            |
| 15:00-15:30   | Discussion: How can we establish true partnerships with migrant caregivers and children?   | Moderation: Veronika Wiemker            |
| 15:30 – 16:00 | <b>Coffee Corner: Afternoon Coffee Networking with the experts</b>   |   |
|               | <b>Humanitarian care and refugee health</b>  |   |
| 16:00 – 16:30 | Health care in non-European refugee camps; examples from Doctors without Borders   | Alexandra Kruse                         |
| 16:30-17:00   | Health care in European refugee camps – the example of Greece  | Agapios Terzidis                        |
| 17:00 – 17:30 | DAY 2 wrap-up and closing remarks  | Anne Jachmann, Julia Brandenberger      |
| 17:30 – 19:00 | <b>Networking Social Event with the experts</b>  |   |

**Day 3 – Thursday 17<sup>th</sup> September**

| <b>Time</b>   | <b>Title</b>   | <b>Expert - Speaker</b>  |
|---------------|--|--|
| 08:45 – 09:00 | <b>Registration</b>  |  |
|               | <b>Clinical paediatric migrant health</b>  |  |
| 09:00 – 9:30  | Infectious disease and prevention – it is all about trust  | Kolahta loab   |
| 09:30 – 10:00 | Being up to date about diseases not prevalent in countries of destinations of paediatric refugees and migrants | Alexandra Kruse  |
| 10:00-10:30   | Non-communicable diseases in paediatric migrant health   | Camilla Sen  |
| 10:30 – 11:00 | <b>Coffee Corner: Morning Coffee Networking with the experts</b>   |  |
|               | <b>Towards equitable health care: best practice examples</b>   |  |
| 11:00-11:20   | RESPOND programme, London, UK  | Camila Sen   |
| 11:20 – 11:40 | Community Health Clinics, Access-Alliance, Toronto, Canada   | Susitha Wanigaratne  |
| 11:40 – 12:00 | Inclusion Care programme, Limerick, Ireland  | Siobhan Neville  |
| 12:00 – 12:20 | Refugee Clinic, EKANN, NL  | Albertine Baauw  |
| 12:20-13:00   | The best of all worlds: imagine the perfect paediatric migrant health clinic                                   | Small group discussion and presentation Anne Jachmann, Julia Brandenberger |
| 13:00 – 14:00 | <b>Lunch</b>   |  |
| 14:00 – 15:30 | Case study – Group work  | Julia Brandenberger, Anne Jachmann, Donalda Hamatay                        |
| 15:30 – 16:00 | <b>Coffee Corner: Afternoon Coffee Networking with the experts</b>   |  |
| 16:00 – 17:00 | Ethical dilemma: age assessment of unaccompanied minor refugees, input and discussion                          | Alexandra Kruse  |
| 17:00 – 17:30 | Wrap-up day 3 and closing remarks  | Anne Jachmann, Karsten Klingberg   |

## Day 4 – Friday 18<sup>th</sup> September – Swiss Symposium on Refugee and Migrant Health

Topic: Inclusive Healthcare, Communication and Research

| <u>Time</u>   | <u>Title</u>  | <u>Expert - Speaker</u>  |
|---------------|---|--|
| 08:30 – 09:00 | <b>Registration</b>   |  |
| 09:00 – 10:30 | Workshop on inclusive Communication   | Suzann Suggs & Niloufar Ashtiani, Jason van Genderen and Milène Alferink |
| 10:30 – 11:00 | <b>Coffee Corner: Networking with Peers &amp; Experts</b>   |  |
| 11:00 – 11:45 | How to communicate wisely with caregivers from other cultural backgrounds?  | Suzann Suggs   |
| 11:45 – 12:30 | Starting with the person in the mirror: how can health workers learn to provide inclusive healthcare and communication?                 | Niloufar Ashtiani & team   |
| 12:30 – 13:00 | <b>Coffee Corner: Networking with Peers &amp; Experts</b>   |  |
| 13:00 – 13:45 | Representation matters – improving health workers ability to treat patients with brown or black skin                                    | Malone Mukwende  |
| 13:45 – 14:30 | Including migration characteristics in research - best practices in the use of routinely collected race, ethnicity and immigration data | Susitha Wanigaratne  |
| 14:30 – 15:00 | Round table discussion with the speakers & participants, closure of symposium   | Karsten Klingberg, Anne Jachmann, speakers                               |